

October 21, 2025

Good morning I.S.201! This is Michelle from class 753, here with you on this Talk A Lot Tuesday on behalf of the S.E.A.L. Team.

Today is National Share the Warmth Day, a day where people all over the world ensure everyone is warm and comfortable.

Not everyone in the world is lucky enough to have a warm coat in the harsh winter or a soft blanket in the bleakest nights. Fortunately, the sun isn't the only thing that gives warmth, kindness does too. Incorporate a positive sticky note or a hug into your day to make someone radiate the same warmth you have! Sometimes, even a simple "good morning" can pierce through someone's self doubt and sadness. Winter's coming, and the world needs your warmth more than ever! After all, William Arthur Ward once said, "A warm smile is the universal language of kindness." Whether it's a peer, teacher, family member, or even a stranger walking by, giving them a warm smile can make them feel so much better!

Don't wait for the sunshine, BE the sunshine. Remember to share your warmth with the world.

Like Eleanor Roosevelt, today's affirmation is: *"I can be a voice for those who can't speak."*

Thank you for listening and have a Toasty Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

