

September 29, 2025

Rise and shine, I.S.201! This is William Chen of class 852 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

We are now in our last week of September, with today being the 29th! Additionally, today is also Confucius Day! Confucius was an ancient Chinese philosopher who has created a lasting and significant impact on society as a whole. Primarily, his views and ethics on topics like government and leadership have influenced people all across the world in ways of how to think and how to act. And just like him, you can create a lasting impact too! Maybe it doesn't have to affect people all over the world, but it could even just be small acts of kindness or a nice gesture. Helping someone else out on a daily basis allows us to spread happiness to others, as well as make ourselves feel good about it too.

Like Jane Addam, today's affirmation is: *"I serve others with compassion, and I support those who feel left out."*

Thanks for listening and have a Mindful Monday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

