

March 26, 2026

Good Morning I.S.201! My name is Amelia from class 731, and I am here for this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today we celebrate National Science Appreciation Day, a day to recognize the importance of science in our everyday lives.

Science helps us understand the world around us, from the air we breathe, to the technology we use, to the medicine that keeps us healthy. It allows us to ask questions, explore new ideas, and solve real-world problems.

As Albert Einstein once said, “The important thing is not to stop questioning. Curiosity has its own reason for existing.”

Today, take a moment to be curious. Ask a question, explore something new, and appreciate how science shapes our world every single day.

Let’s continue to learn, discover, and grow, because the future starts with curiosity.

Like Albert Einstein, today’s affirmation is: “I learn more by asking why.”

Thank you for listening and have a Think About It Thursday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

