

September 9, 2025

Good morning I.S.201! This is Hana Durgut from class 731, here with you on this Talk a Lot Tuesday on behalf of the S.E.A.L. Team.

As we move through our day, let's remember how important it is to take care of the people around us, especially those who may sometimes feel forgotten. A small act of kindness, like saying hello, helping a classmate, or inviting someone to join in, can mean more than we realize. Let's work together to make sure no one feels left out and that everyone knows they belong.

Like Jane Addams, today's affirmation is: *"I serve others with compassion, and I take care of those who feel forgotten"*

Thanks for listening and have a Taking Care of Others Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings
No stone left unturned; no person left behind
Every member of our team has the power to be kind
We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

