

April 1, 2022

Good morning Dyker! It's Jessica Mesiha back with the S.E.A.L. summary of the week! Today as you all know--- is April 1st... orrrrrr April Fool's Day! How exciting is that?!?! You all know what we do today. Pull pranks and jokes on our fellow loved ones and friends. Take this day to just laugh. April 1<sup>st</sup> is a day full of positivity, laughs, and giggles. I don't know about you but, this day came at the perfect timing. The ELA state test was stressful and this day will help us unwind and decompress. Take this day to make someone smile especially those who you know need it the most!!

Now it's that time- take out your SEAL team cheer so we can all recite it together... Here we go!!

-Recite

That's it for today's SEAL team summaries... Have fun today, and you'll hear from me next week Dyker!



April 8, 2022

Good Morning Dyker! It's Jessica with the S.E.A.L. summary of the week. Traditions and cultures are very important. Today we will be talking about Ramadan.

Ramadan is an important holiday for the Muslim community. During Ramadan people refrain from eating or drinking until the sun sets. Once the sun sets families gather to eat a big meal. Ramadan is a time in which Muslims focus on their spiritual growth and perform kind acts.

The S.E.A.L. team wants to wish our fellow knights that celebrate this holiday a happy and healthy Ramadan.

-Recite

Have a great Friday and a wonderful weekend!

April 29, 2022

Good morning Dyker! It's Jessica Mesiha back with the S.E.A.L. summary of the week! It was a long week but, we did it. This coming Monday we have no school because of a holiday known as Eid.

Here are some educational facts about Eid

1. Eid, which means festival in Arabic, is celebrated after Ramadan, a month of fasting.
2. Eid is celebrated according to the moon. Eid begins at the sunset on the night of the first sighting of the crescent moon.
3. Eid last for 3 days. During this time Muslims visit their love ones and greet each other by saying - Eid Mubarak - which means 'Happy Eid' or 'Blessed Eid'. During this time families gather to eat together and give gifts to their children and people in need.

At this time the SEAL Team wants to wish everyone celebrating Eid a happy and healthy holiday.

Thanks for listening. Now it's that time- take out your SEAL team cheer so we can all recite it together... Here we go!!

-Recite

That's it for today's SEAL team summaries... Have great today, and you'll hear from me next week Dyker!

## **DYKER CHEER**

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So we always have effective social dealings

No stone left unturned, no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a  
smile

When facing hardships and adversity, the S.E.A.L. Team goes the  
extra mile!