

March 25, 2026

Good Morning I.S.201! My name is Esther Chen from class 852, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

Today is Medal of Honor Day, a day that recognizes people who showed extreme courage and put others before themselves. These individuals made brave choices, even when it was difficult or risky, because they believed it was the right thing to do.

Courage doesn't always have to look big or dramatic. It can show up in everyday moments too. Standing up for someone, telling the truth when it's hard, or doing the right thing even when no one is watching all takes courage.

This day is a reminder that your actions matter. The choices you make, even small ones, can affect the people around you. Being honest, respectful, and willing to help others are ways to show strength every day.

You don't have to be in a major situation to be brave. Real courage is about your character and how you treat people. Today, try to make choices you can be proud of and show courage in your own way.

Like Albert Einstein, today's affirmation is: "I see wonder in

the smallest things.”

Thank you for listening and have a We Respect Wednesday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

