

September 21, 2023

Good morning! It's Irene Qiu from 831 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

We have an important message to share with you today, and it's all about the importance of family. Family is not just a group of people who share the same home; it's a support system, a source of love, and a place where we find our roots. "Family Week" is this week and we should all celebrate our families

As the renowned author and poet Maya Angelou once said, "Family isn't always blood. It's the people in your life who want you in theirs; the ones who accept you for who you are. The ones who would do anything to see you smile, and who love you no matter what." These words remind us that family goes beyond mere biology—it encompasses those who care for us deeply and support us through thick and thin.

During this week, we encourage you to take some time to reach out to your family members, whether they're your parents, siblings, grandparents, or chosen family. This week is a great chance to spend time, grow strong bonds and make more memories with your loved ones.

Let's make this Family Week a memorable one, as we cherish the people who mean the most to us

Thanks for listening have a Treasuring Family Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

