

May 4th, 2026

Rise and shine, I.S.201! This is William Chen of class 852 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

Acknowledged by fans all over the world, today is May 4th or in other words, Star Wars Day! Soon to be 49 years old, the first ever Star Wars film was released in 1977 and has forever changed the entertainment industry since then. Whether you love, hate, or know nothing about the media of Star Wars, it is almost certain you've at least heard of it. That shows the sheer impact of the series itself. Not only that, Star Wars also presents many morals, such as fostering love and loyalty, finding strength in difficult situations, learning from failure, and more! In the words of Yoda, you either "Do. Or do not. There is no try." If you want to achieve something, be full-hearted and never lose hope!

Like Sigmund Freud, the affirmation of the day is: I take time to understand my thoughts and feelings.

Thank you for listening and May the Force be with you this Monday!

## S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

