

November 10, 2025

Rise and shine, I.S.201! This is William Chen of class 852 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

Today is November 10th, which also happens to be the start of World Kindness Week! Now although kindness is likely a common concept, what does kindness really mean? Kindness isn't just a donation of money or resources to an act, but rather your overall moral principles and how you apply them. Though financial contributions are a great initiative of kindness, your decisions on a day-to-day life are just as important. Whether you decide to hold the door for someone behind you, tell someone they dropped something, or compliment someone, these small acts of kindness in your everyday life can go a long way for another person. Kindness is a foundational characteristic to consider adding or developing throughout your life, as kindness helps us create a society and environment where everyone can feel respected and dignified.

Thank you for listening and have a Well-Mannered Monday!

Like Marie Curie, today's affirmation is: *"I know that effort is more important than praise."*

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

