

September 30, 2025

Good morning I.S.201! This is Aubrey from class 631, here with you this
Talk A lot Tuesday on behalf of the S.E.A.L. Team.

Did you know that today is nation love people day? It's a time to think
about who you love and cherish most, whether it's your mom, dad, or simply
someone who makes you happy. Take today to tell them how much you
appreciate them! Write a letter or tell them up front how much you enjoy
their company or something you admire about them. As Elizabeth Gilbert
once said, "Love is shown more in deeds than words." This means your
actions mean more to someone than words.

Today's affirmation is: *"I serve others with compassion, and I follow Jane
Addams' example by leading with a kind heart."*

Thanks for listening and have a Touch of Love Tuesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way
We learn to control our emotions and feelings
So, we always have effective social dealings
No stone left unturned; no person left behind
Every member of our team has the power to be kind
We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

