

April 28,2026

Good morning I.S.201! This is Leilani from class 731, here with you this  
Talk A lot Tuesday on behalf of the S.E.A.L. Team.

April 28th is known as National Superhero Day, a day to celebrate both  
real and fictional heroes. This day was created to honor people who help  
others and make the world a better place. When most people think of  
superheroes, they think of characters like Spider-Man or Wonder Woman,  
but real-life heroes are just as important. Firefighters, doctors, teachers, and  
even everyday people who do kind acts can be considered heroes. This day  
reminds us that you don't need superpowers to make a difference.

National Superhero Day is also educational because it teaches us about  
values like bravery, kindness, and responsibility. By learning about heroes,  
we can understand how small actions can have a big impact. For example,  
helping a friend, standing up for someone, or volunteering in your  
community are all ways to be a hero. Schools and communities sometimes  
celebrate this day with activities that encourage people to think about what  
it means to help others.

Overall, April 28th is not just about fun costumes or comic books, but about learning how to be a better person in everyday life.

Like Leonardo da Vinci, the affirmation of the day is, “I am an inventor of ideas and imagination..”

Thanks for listening and have a Team Titan Tuesday 😊

### S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

