

October 23, 2025

Good Morning I.S.201! My name is Amelia from class 731, and I am here this Thoughtful Thursday on behalf of the S.E.A.L team.

Did you know today is Color Day which is celebrated on **October 23** to appreciate the beauty and meaning of colors in our lives. It's a day to wear **bright, fun colors** that show creativity and express your personality!

Each color represents something special, blue feels calm, red feels love, and **yellow** reminds us of happiness. Color Day also reminds us how colors can affect our moods and bring people together.

As Maya Angelou once said, "Be a rainbow in someone else's cloud." So today, let your colors shine, not just through what you wear, but through the kindness and positivity you share.

Like Eleanor Roosevelt, today's affirmation is: *"I do what's right, not what's easy."*

Thank you for listening and have a Technicolor Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

